

March 2017

Can you believe that Spring Break is over and we are ready for our 4th quarter of the school year? I cannot! It's amazing how far our students have come with kindness and respect this year! Your help is well noted and greatly appreciated!

Love your People week was amazing!! Our staff decided to celebrate all of our staff in one wonderful week at the end of the 3rd quarter. Our PTA was amazing, and we all thank you all for your appreciation and support!

We have a new state test this school year. It is called PEAKS—Performance Evaluation for Alaska Schools. We are very excited to be able to show our students' proficiency! Students in grades 3 –6 have an informational flyer in their Monday folders.

I am so very thankful for all that you do as parents to help your children to be successful. Thank you for having your children here at school everyday!!

Sincerely, Mrs. Kelly

Our Sterling PTA is the most fabulous PTA in all of the schools! Our board, Sarah Williams, Candice Goforth, Tomalin Bailie, and s put in so much work everyday to make our PTA

Fax (907) 262-5128

uie best it can be: I liank you lor an or your support and your wor

for each and every activity that we have!



Coming events calendar located at the last page of this newsletter. Check back in each month's newsletter until May for updates and changes!!





### From the nurse's office:

We have had a lot of sickness throughout this winter. Hopefully with spring coming, we are all on the mend.

Just as a reminder, please send your child to school unless they have a fever, diarrhea or are vomiting. Once your child has any of these symptoms, they must not come back to school until they are symptom free for 24 hours without any kind of medications.

Please also remember, if you take your child to the doctor and antibiotics are prescribed, a child must be on those antibiotics for 24 hours before their return to school.

Without a doctor's note, all students must go to recess and participate in PE.



### Parking Lot Help!

Please do not park past the first lamppost in front of the school. We realize with the snow and the ice, our parking lot is shrinking, but past that lamppost is not set up for parking.

Please send your children with their winter gear! It is still cold outside and students go outside to recess until it is colder than -10 degrees.

Let us know if you need help with snow pants, coats, gloves or hats!





### Site Council Updates

Welcome <u>Sadie Lansing</u>, our new parent representative and <u>Tyna</u> <u>Ledda</u>, our new support staff representative!

Meetings are held once per quarter and are always open to the public. The next meeting is March 23rd at 4:00 pm. Our agenda is always posted ahead of the meeting on the Sterling Elementary website if you are interested in learning more!

### **Looking for new PTA Board members!**

Our President, Vice President and Treasurer positions on our Sterling PTA are open for next school year.

These positions are held for 2 year terms.

Our PTA would love your nominations for these positions! Come to our next PTA meeting on March 28th at 4:00 pm in the library!



When Mr. Truesdell and Ms. Natalie from Skyview Middle came to visit with our 6th graders, some of what they learned about for next year includes:

- ⇒ Passing time isn't social time! Students have 4 minutes to get to each class. Students learn quickly that as long as they go straight to and from class or from their lockers, they are always on time. 7th graders' lockers are upstairs as are most of their classes.
- ⇒ There is one "commons" area and one lunch period. All 7th and 8th graders eat together.
- ⇒ Students can carry their phones, but can only have them out in class if the teacher allows it for learning. The second time it is taken away by an adult because of inappropriate use, it has to be picked up by a parent.
- ⇒ Students will have some homework, but if they use their time wisely in class, they won't have too much.
- ⇒ Students swim once per week for PE to learn the basics of swimming and water survival skills. Please don't wait until August to purchase your student's swimsuit!!





### Sterling Elementary loves volunteers!

Our classes will have field trips coming up to finish out the year. All field trip chaperones and volunteers must be approved to volunteer each year. If you haven't completed an application yet this year, please complete it soon! While the application takes 10 minutes, the approval process can take up to 10 business days to complete.

### Pre-Kindergarten Screening Information

Children who are four (4) by September 1st may be eligible for Sterling Elementary's Title I Pre-K Program. To determine eligibility, children must attend a Pre-K screening appointment with his or her parents.

Screening appointments are available for May 9th. Sign up by calling the school's office at 262-4944 or at the Pre-K/Kindergarten Fair on April 28th.

### **Falcon Fun Night**

April 21st from 3:45-5:00 pm

Our final falcon fun night of the year!
This is an afterschool activity for
current Sterling Elementary students
and their families.

Students from other schools are allowed only with an adult family member of a Sterling Elementary student.



### Kindergarten Registration

Children who turn five (5) by September 1, 2017 are eligible to start Kindergarten in the 17-18 school year.

Kindergarten registration for next school year begins on Monday, March 27th.

On April 28th from 9:00 am-2:00 pm, Sterling Elementary's Annual Pre-K & Kindergarten Fair will offer an opportunity to register for school for next year. Our kindergarten teachers will engage your children in fun activities while you complete registration paperwork. The first 40 future Falcons will receive a goodie bag to take home!!

Sterling Head Start will be joining us on this day as well. If you are interested in registering your child for Head Start for next year, you can do that too!

To register, families should come prepared with their child's birth certificate and immunization record, parent's or guardian's phone numbers, physical addresses, and email addresses.

Please call Ms. Debbie for more information.





### Sterling Elementary

### School News

### In-Services

Our next staff in-service is on April 5th, which is an early release day (students are released at 2:05 pm). We will continue to focus on personalizing student learning and creating our positive school culture!

On March 10th, we had a teacher workday! Teachers prepared report cards and collaborated regarding students and curriculum.

### **Sterling Composting News**

We continue to separate our trash at lunch for composting materials and trash. Mr. Monty is building us a new trash separation system, at which time, we will separate the food waste even further. If you are or know any farmers who may be in need of food waste to support the feeding of their pigs please let

Mrs. Kelly know! We would like to keep it out of the landfill!





### The PE Corner

Coming up in March

K-3rd grade: Cooperative Movement, Jump Rope 4 Heart 4th-6th: Archery, Jump Rope 4 Heart

### **5 Minute Daily Workout Challenge**

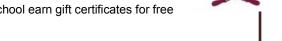
(for your whole family)

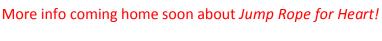
- 2 foot Jump Rope 1 min
- Crunches 1 min
- 1 foot Jump Rope 1 min
- Plank 30 sec
- Other foot Jump Rope 1 min
- Partner High 5 Planks 30 sec

### Remember to Stretch afterwards!

### Jump Rope For Heart Helps Students Grow!

- Kids learn the value of community service and become empowered to contribute to their community's welfare.
- Children join together in helping other kids with special hearts.
- Students learn how to develop heart-healthy habits while being physically active
- Participants learn jump rope skills they can use for the rest of their lives.
- Students help our school earn gift certificates for free P.E. equipment!







American Heart Association



March 2017	April 2017	May 2017
3/21 7th grade parent night at Skyview Middle School 6:30 pm	4/3 Report cards sent home in Monday folders	5/1 Board of Ed Meeting 6:00 pm
3/23 Site Council Meeting 4 pm in McKinley's room	4/3 Board of Ed Meeting 6:00 pm	5/1-5/12 Book Fair in library
3/28 7th grade parent night at River City Academy 6:00 pm	4/5 Early Release - Students released at 2:05pm	5/2 School Evacuation Drill
3/28 PTA Meeting 4:00 pm	4/6 Key Communicator Meeting— Updates from KPBSD administration	5/3 Early Release - Students released at 2:05 pm
3/31 Spring Pictures starting at 9:00 am	4/21 Falcon Fun Night 3:45-5:00 pm	5/4 Site Council Meeting 4:00 pm in McKinley's room
PEAK Testing 3/28 - 3/31 6th grade	4/24–5/5 Artist in Residence Margaret Donat	5/5 6th graders visit Skyview Middle 9:15 am
4/4 - 4/7 5th grade 4/11 - 4/14 4th grade	4/24- 4/28 National Volunteer Appreciation Week	5/9 Pre-K screening appointments—all day
4/18 - 4/21 3rd grade	4/28 9 am—2 pm Sterling Pre- K / Kinder Fair!! Getting ready for next year! Sterling HeadStart will be here too!!	5/18 Field Day
Look for calendar updates in each month's newsletter!!	4/28 2:30 pm Sterling Volunteer Tea - Library	5/24 *Students' Last Day *Awards Assembly *Picnic and Talent Show *Last Day of School
		5/25 Teachers' Last Day

